

CLINIC & LASER CENTRE

INTRODUCTION

At Mulberry House Clinic we offer a warm and friendly environment for patients from all walks of life. Established in 2002 we have nearly two decades of experience at the forefront of professional skin treatments. Throughout this time we have built a reliable range of skin treatments for a wide variety of indications.

We offer non-surgical options for skin treatment and facial rejuvenation. We invest in training for ourselves and also in technology – in addition to injectable and topical treatments we also offer Intense Pulsed Light (IPL), Laser, Tixel, and Ultherapy. We are also very particular about the injectable products we recommend.

Our reputation is very important to us, and integrity is a cornerstone of our clinic in terms of the advice we offer, the treatments we provide and the standard of treatment and care that we give.

We recognise that everybody is unique and treat each patient as an individual. Your ongoing well-being is our priority, with a commitment to ensure the highest standards of service and clinical care.

We look forward to welcoming you.

John Tongway

Dr John Tanqueray
MB BCh MRCGP DCH DRCOG DipOccMed
BCAM

LIZ Tanquelan

Liz TanquerayFormer SRN



OUR TEAM



DR JOHN TANQUERAY

Dr John Tanqueray is registered with the General Medical Council. As a former General Practitioner you can be sure that you will be taken care of to the highest ethical standards, with your best interests always central to any advice or treatment you receive.

His special expertise is in the assessment and treatment of the face. He can recommend a broad range of options to help address the inevitable process of photo-ageing as well as acne, rosacea, or problems of redness, pigmentation, and scarring.

He has worked in the medical aesthetic field for two decades, having set up Mulberry House Clinic in 2002. His expertise is acknowledged by market-leading companies, for whom he is a trainer and educator to the medical community.

He will always give balanced and realistic advice, based on his belief that any selected treatment should have a strong record for being effective, safe, and well-tolerated.

Foremost in his approach is the importance of delivering a natural result.



LIZ TANQUERAY

Liz Tanqueray qualified as a State Registered Nurse in 1981 at University College Hospital in London and has a range of experience across all disciplines including General and Plastic Surgery as well as being Sister of Coronary Care and Intensive Care Units.

Liz can advise on all treatments offered at Mulberry House Clinic and is fully trained in LED, Microdermabrasion, ZO skincare, Agera, ZO and Enerpeel facial peels. She provides Tixel and IPL hair removal treatments.

TREATMENTS

At your consultation following a full assessment we will advise on the most appropriate treatments for your skin condition. It is important that you understand the pros and cons of the options available, and we encourage you to ask any questions you may have.

What follows is a brief overview of treatments we offer.

ANTI-WRINKLE INJECTIONS

A well-established way of reducing movement-related lines in the upper face. For best results, an intimate understanding of facial anatomy combined with individual assessment is required.

The same medication can be used to treat jaw-clenching (bruxism) and excessive underarm sweating. It is also used as a treatment for resistant migraine.

Link to website page: https://www.mulberryhouseclinic.co.uk/treatments/botox/

DERMAL FILLERS

Fillers are used to restore lost volume in the face to create lift and shape. They can also help improve facial lines and wrinkles. Types of filler include hyaluronic acid and collagen-stimulating fillers. You will see terms like "8-point lift" or "liquid facelift" used in relation to filler treatments.

Any area of the face can now be treated, and a successful outcome depends on full assessment of facial shape, proportion and muscle activity; establishing a suitable treatment plan including priority areas; matching filler product with its purpose, and of course technical ability in delivering the treatment.

Our belief is that this type of treatment should be used to restore and refresh – the aim should be that you look well, not that you have had treatment.

Link to web page: https://www.mulberryhouseclinic.co.uk/treatments/dermal-fillers/

ULTHERAPY

This unique treatment is for firming and tightening the skin. It applies ultrasound energy to the collagen-rich layers under direct ultrasound visualisation. It can be used as a standalone treatment, but is also the perfect complement to filler treatment.

 $Link\ to\ web\ page:\ \underline{https://www.mulberryhouseclinic.co.uk/treatments/ultherapy-ultrasound-treatment/link}.$

 $Link\ to\ e-brochure:\ \underline{https://www.mulberryhouseclinic.co.uk/wp-content/uploads/2020/08/Ultherapy-Brochure.pdf}$



TREATMENTS

TIXEL

A device for improving skin surface texture and helping with scarring by transferring heat to the skin surface in a novel way. Designed to mimic the action of an aggressive laser without the degree of discomfort, risk, and side-effects usually associated with these treatments.

Link to web page: https://www.mulberryhouseclinic.co.uk/treatments/tixel/

PLEXR

Plexr uses plasma technology, and is widely promoted for tightening and smoothing skin, and for "non-surgical blepharoplasty"/eyelid tightening. It can be effective in selected patients, but it does result in side-effects that last a week, and for best results more than one treatment may be required.

INTENSE PULSED LIGHT AND LASER

Light-based treatments are usually our preferred method for treating issues such as redness and discolouration resulting from sun damage.

We also use IPL for hair removal. Most of these treatments require a course of up to 6 sessions.

ZO SKINCARE

We have used Dr Obagi's products for many years and results can be outstanding. The ZO system allows us to choose from a simple and easy regime to a more aggressive one, including prescription creams, depending on the condition we are treating and the desired degree of improvement.

ZO Skincare is the mainstay of our treatments for acne, rosacea and melasma.

LED (LIGHT-EMITTING DIODE) THERAPY

This simple treatment uses light of specific wavelengths which has been shown to affect behaviour of skin cells. It can be useful as a calming measure after injectable or laser treatments and can also help reduce redness in rosacea and acne.



TREATMENTS

FACIAL PEELS

Peels are solutions of acidic compounds that are applied to the skin. The benefit can range from a brightening exfoliating effect for a milder peel, oil reduction for acne or rosacea, and more aggressive peels for pigmentation problems.

Stronger peels for skin resurfacing are much less used now that other technology is safer and more comfortable.

MICRODERMABRASION

This is a method of exfoliating and stimulating the skin using the physical effect of fine crystals that are passed over the skin under a vacuum.

SURGERY

If surgery is likely to offer you the best outcome, we are happy to make recommendations.



SKIN CONDITIONS

These treatments work to boost the complexion and skin from within, stimulating the skin's own healing and renewal for fresher, clearer and healthier skin.

SUN DAMAGE/PHOTO-AGEING

This takes the form of various changes: changes in skin texture, loss of elasticity, volume loss, as well as discolouration with thread veins and pigmented spots.

All these components can be improved with the right treatment choices - we are here to advise you on this.

FACIAL THREAD VEINS/SUNSPOTS

We use a modern IPL device which uses high-energy light of specific wavelengths to target the affected tissue.

EXCESSIVE OR UNWANTED HAIR

Where patients (women or men) suffer from embarrassing facial hair or excessive body hair, the latest IPL technology offers permanent reduction. Suitable for PCOS and other hormone-related conditions too.

ACNE, ROSACEA, SENSITIVE SKIN CONDITIONS

Our ZO skincare range from Dr Obagi offers a wide array of treatment options that can make very significant improvements by addressing the root causes of your symptoms. John has spent time in Dr Obagi's clinic in Los Angeles and is on the educational faculty for ZO Skin Health UK.

MELASMA, PIGMENTATION

Correct diagnosis of pigmentation problems is crucial in order to select the best treatment. Often thought of as being very difficult conditions, it is rare that we are not able to help you achieve a marked improvement.

SCARRING, ACNE SCARRING

We can offer from Resurfx laser, Tixel, Microneedling, needle subcision, PRP, filler and a technique known as CROSS – sometimes a combination of these will give the best outcome.



TESTIMONIALS

At Mulberry House Clinic and Laser Centre, we are always keen to provide our patients with satisfaction and to improve the standards of care and service we offer.

"The procedure was made as pain free as possible, it was a procedure I had had at another provider and was improved by its application. I was happier with the results from Mulberry House"

"Everything very well explained, very professional, it feels as I am being treated as a VIP. The doctor remembers conversations from last time, the treatment is painless and works every time how it should"

"Results were exactly as expected and the procedure was exactly as described and painless"

"Staff were lovely, place is welcoming, prices are outlined on the website so nothing is a surprise"

"This will be my 4th visit, very pleased with the high standard of care . Recommended to many of my friends and they have all been so happy with the service given too"

"I was recommended Mulberry House by a friend, I found it extremely relaxed and welcoming upon arrival and subsequently my consultation was very helpful. I would definitely recommend to family and friends."

"Dr Tanqueray has always taken time to explain procedures fully and offer good advice. Procedures carried out professionally. Brilliant results. Beautiful location facilities comfortable welcoming. Up to date info latest procedures"

"Always made to feel a valued client and treated with the utmost respect"

"Excellent service I wouldn't go anywhere else"

INDEPENDENT REVIEWS

We welcome feedback from our patients both directly to the clinic and independently including:

Google
Facebook
Yell.com
WhatClinic.com
Consulting Room
Scoot



CONTACT US

CONTACT INFORMATION

- Telephone 01604 702 630
- Email info@mulberryhouseclinic.co.uk
- Address 32 The Green, Firs Court, Hardingstone, Northampton, NN4 6TB
- Parking ample free parking on site

HOURS OF OPERATION

Our phones are normally answered between the hours of:

- Monday-Friday 8.30 7pm
- Saturday 9am 4pm

APPOINTMENTS:

We offer appointments by arrangement on:

- Tuesday 1pm 7pm
- Wednesday 9.30am 5.30pm
- Friday 10am 7pm

Other times/days may be available on an ad hoc basis

WEBSITE

https://www.mulberryhouseclinic.co.uk/

MAP & DIRECTIONS

https://g.page/MulberryHouseClinic

SOCIAL MEDIA

https://www.facebook.com/MulberryHouseClinic

https://www.linkedin.com/company/mulberry-house-clinic/

https://twitter.com/MulberryHouseUK

https://www.youtube.com/user/mulberryhouseclinic

